



What do you mean by mobility that increases the quality of human life?

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Let's think for a moment about our main question.

The quality of human life? What do you mean by that?

What may be the factors that influence it in general?

Can transport and its accessibility significantly affect quality of life?

Do you think there are entities that are in the responsibility of transport accessibility?



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Yes, transport and mobility can improve quality of life by preventing or solving social exclusion.

Transport - the availability of services and infrastructure - is essential for mobility.

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How can we help?

What can be a limiting condition or problem?

**We can focus
on the following problems that arise in cities.**

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Problems affecting mobility and thus quality of life... with a link to transport

- Urban revitalisation and urban sprawl
- Changing people's behaviour towards movement
- Changes in the average age of users



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For sustainable mobility, it is important to provide mobility for all.

What questions can we focus on?

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1. What can we focus on?

Zoning changes and
changes in land use



Managing suburbanisation
implies changes in the
public transport offer



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2. What can we focus on?

Low physical activity of
transport users



It is recommended to support non-
motorised transport (use of bicycles or
walking)



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3. What can we focus on?

Solving the problem of an ageing population and the increase in the number of users with reduced mobility



Providing quality public transport



The targets are long term and difficult to achieve

We would like:

- transport that contributes to quality of life,
- transport accessible in space and time,
- transport that is affordable.





The mobility that increases the quality of human life is:

- Mobility that does not cause a mobility gap.
- Mobility that is supported by the sharing economy.
- Mobility that is planned for the long term.
- Mobility that is based on the use of quality public services.
- Mobility that supports the movement of transport users.

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Thank you for your attention

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